## TYPE REGION P-j: ŚWIĘTOKRZYSKIE MTS. (HOLY CROSS MTS.)

Location: longitude c. $20^{\circ} 17^{\prime}-21^{\circ} 17^{\prime} \mathrm{E}$, latitude c. $50^{\circ} 04^{\prime}-51^{\circ} 34^{\prime} \mathrm{N}$. Area: approx. 3500 sq. km.
Length: c. 70 km , width c. 50 km .
Altitude: c. $200-611 \mathrm{~m}$ above sea level.
Climate: mean annual temperatures $5.7-7.6^{\circ} \mathrm{C}$, mean January temperatures $-1.9-4.9^{\circ} \mathrm{C}$, mean July temperatures $16.2-18.4^{\circ} \mathrm{C}$; precipitation $600-750 \mathrm{~mm}$. Geology: Carboniferous sedimentary rocks to Pleistocene glacial sediments. Topography (Gilewska 1972; Klatka 1965; Radłowska 1967): a region of old folded mountains with the highest peak reaching 611 m a.s.l. Paralell ridges running generally NW-SE are the main feature of the region. The ridges are separated by broad depressions and valleys modelled in less resistant rocks. They are also dissected by diagonal valleys and forming a typical ridge-and-valley pattern of territory relief. The geological structure of the region shows a zonal patterns. The highest range ( 611 m a.s.1.) is built of Cambrian quartzites. The lower ranges ( $350-450 \mathrm{~m}$ a.s.1.), built of Cambrian and younger Palaeozoic rocks, run to the south and north of the main ridge. The lowest, external level is formed by ridges of $300-350 \mathrm{~m}$ a.s.1., built of Mesozoic rocks.
Population: c. 120 people/sq. km, approx. $45 \%$ in towns.
Vegetation: the vegetation of the region is very diversified. Approx. 23- $35 \%$ of the area is covered by forests. The fir and mixed beech-fir (Abietetum polonicum and Dentario glandulosae-Fagetum) forests occur on the main ridges. The slopes of lower ranges and valleys are covered by deciduous oak-hornbeam forests and moist alder woods, mixed oak-pine forests, pine forests, moist pine forests, and meadow communities. Thermophilous communities and xerothermic species are more abundant on calcareous grounds with a more diversified relief. A great peculiarity of the region is the high contribution of Larix polonica in the forests. North-eastern limits of Fagus, Abies and Picea ranges run through this territory.
Soils (Strzemski 1967): there are 7 lithological and pedological subregions distinguished on the basis of distribution of rock types and soils developed of them. The most widely distributed are very acid and acid soils (approx. $51 \%$ ) and slightly acid soils (approx. $28 \%$ ). Neutral and alkaline soils cover less than $20 \%$ of the area. Colonization and husbandry: the oldest traces of man's residence and activity (Palaeolithic) in the region are dated from $50-60000$ B.P. The old flint mines date back to 4000 B.P., while the remains of iron works - to $1900-1500$ B.P. A landscape is of the agricultural-industrial type with small farms and medium and big industry dominating in the region.
Reference site 1: Słopiec (Szczepanek 1961, 1982).
Location: longitude $20^{\circ} 47^{\prime} \mathrm{E}$, latitude $50^{\circ} 47^{\prime} \mathrm{N}$.

Stopiec P-8 (248m a.s.l)


Fig. 1
Altitude: 248 m a.s.l.
Age range: $10280 \pm 210$ to 0 B.P. Mesotrophic peat-bog. 8 site pollen assemblage zones. $17{ }^{14} \mathrm{C}$ dates.
The pollen diagram (Fig. 1, 2). Only one diagram is presented. For detailed results of palynological investigations see Szczepanek 1961, 1971, 1982.

|  | 10280-9900 | B.P. Juniperus-Pinus |
| :---: | :---: | :---: |
| St-2 | 9900-9100 | B.P. Salix-Betula-Ulmus |
| St-3 | 9100-7000 | B.P. Corylus-Alnus |
| St-4 | 7000-4000 | B.P. Corylus-Quercus-Picea |
| St-5 | 4000-2700 | B.P. Alnus-Carpinus |
| St-6 | 2700-1100 | B.P. Carpinus-Fagus-Abies |
| Sł-7 | 1100-400 | B.P. Pinus-Betula Quercus |
| Sł-8 | 400- 0 | B.P. NAP-Pinus |

TYPE REGION P-j Świetokrzyskie (Holy Cross) Mts.


Fig. 2

Local vegetation:

1. The forests with dominant Pinus, Betula, Salix and admixture of Larix, Salix and, for a short time also Populus, are typical for the decline period of the Late Glacial and the beginning of Holocene (10 300 to $\pm 9900$ B.P.). Macrofossils of Betula carpatica, B. tortuosa, B. nana and B. verrucosa indicate a great role of boreal element.
2. From approx. 9900 B.P. Pinus curve declines; Corylus appears; the contribution of Ulmus, present from 10300 B.P., slightly increases.
3. From approx. 9300 B.P. Salix declines; Alnus, Corylus and Fraxinus become widely distributed.
4. From approx. 9000 B.P. Betula declines; Alnus curve increases; Tilia appears.
5. From approx. 9000 to approx. 4000 B.P. deciduous and mixed forests with high proportion of oligotrophic and heliophilous Pinus and Betula dominate. In this period to approx. 7000 B.P. the contribution of local mire vegetation (Gramineae and Cyperaceae) is very important. The increase of Picea, Alnus, Betula, Quercus and Ericaceae, observed after 7000 B.P., may be connected with the lowering of groundwater level and overgrowing of the basin.
6. From ca. 5500 (5000) B.P. Carpinus expands.
7. From ca. 4500-4300 B.P. Ulmus curve declines indistinctly, while the curves of Betula, Alnus, Carpinus and Corylus rise. There are some charcoal layers in the profile. This fact may be connected with colonization of the region by tribes practicing cattle grazing and agriculture (single pollen grains of Rumex and Centaurea cyanus).
8. At ca. 3750 B.P., after short culmination, Alnus curve declines, while those of Betula, Pinus and Salix rise.
9. From approx. 3500 B.P. Fagus and Abies expand.
10. From approx. 3000 B.P. Ulmus and Corylus decline significantly; Carpinus, Abies, Fagus and Alnus dominate.
11. At approx. 2700 B.P. the curves of culture indicators (Secale, Cannabis, Rumex and Plantago lanceolata) rise. The Gramineae curve rises also. Alnus declines.
12. At 1100 B.P. almost all deciduous tree curves decline except Quercus. Pinus and Betula curves rise. Herbaceous plants (including cultivated plants and weeds) dominate.
13. At ca. 400 B.P. an intensive deforestation of the region and development of agriculture is recorded.
Hydrology - Climate:
14. At approx. 10300 B.P. a change of the hydrological conditions in the Belnianka stream valley occurred - a pool was formed.
15. Between 10300 and 9000 B.P. landslides affecting the marginal parts of the peat bog take place (lenses of silt were found in the test borings).
16. At approx. $9000-9100$ B.P. a lowering (and stabilizing) of the groundwater level and a warming of climate take place. These conclusions are supported by the facts of overgrowing the pool by sedge mire, a considerable expansion of Alnus and Betula, and also by expansion of Corylus and thermophilous trees.
17. From approx. 8500 B.P. the rate of peat accumulation decreases significantly. The lowest rate of sedimentation is observed at approx. 5500 B.P., followed by a slow increase and from 4500 B.P. a considerable acceleration. The warm climate and the seasonal fluctuations of water level probably stimulated the humification of plant remains.
18. At approx. $4500-4000$ B.P. a progressing oligotrophication of the pool connected
with the expansion of Sphagnum mosses and increase of peat accumulation rate is observed.
19. At approx. 2000 B.P. the groundwater level rises and a shallow lake appears.
20. At approx. 500 B.P. an intensive oligotrophication of the pool, followed by the overgrowing of its surface by Sphagnum mosses. These phenomena are probably connected with the progressive cooling and rise of climatic humidity.

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